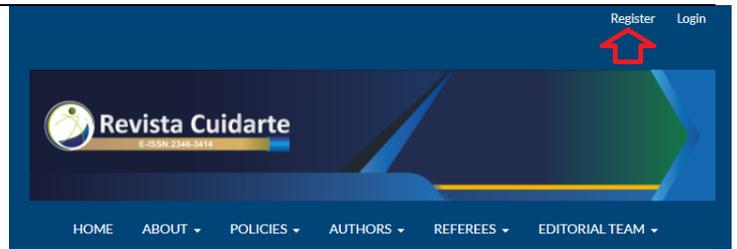


## Tutorial: How to make a submission?

### Steps

1. Press register at the top right where the red arrow indicates or enter if you are already registered (go to item 3)
2. Fill in the form and click on "Register" at the end
3. Back on the platform press "New shipment"
4. Then you must select
  - Language: English, Spanish or Portuguese
  - The Section: Editorial, Letter to the Editor, Research Article or Review Article
  - Click to verify that the shipment requirements are met
  - If you have comments for the editor you can refer them (optional)
  - Finely click on save and continue

### Pictures



**Register**

**Profile**

Given Name \*

Family Name

Affiliation \*

Country \*

Yes, I agree to have my data collected and stored according to the [privacy statement](#).

Yes, I would like to be notified of new publications and announcements.

Yes, I would like to be contacted with requests to review submissions to this journal.

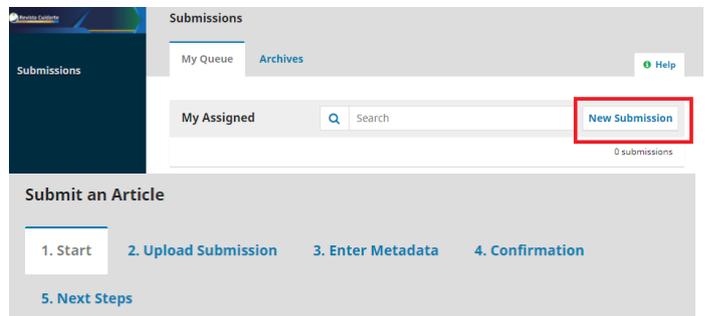
I'm not a robot 

**Login**

Email \*

Username \*

Password \*



**Submit an Article**

1. Start 2. Upload Submission 3. Enter Metadata 4. Confirmation  
5. Next Steps

**Submission Language**

English

*Submissions in several languages are accepted.  
Choose the primary language of the submission from the pulldown above. \**

**Section**

Editorial  
Letter to the Editor  
Investigation Article  
Review Article

You must read and acknowledge that you've completed the requirements below before proceeding.

The submission has NOT been previously published or submitted for consideration to any other journal.

[Yes, I agree to have my data collected and stored according to the privacy statement.](#)

## Tutorial: How to make a submission?



### Steps

5. Afterwards you can upload the files by clicking on "upload file"

You can also continue to upload other complementary files (originality format, Ethics principles for publication and ethics committee charters - if applicable)

You was finally able to save and continue

6. In the metadata record the title, abstract

Remember to include the information of all authors and contributors, click on add contributor

### Pictures

Upload Submission File

1. Upload File 2. Review Details 3. Confirm

Article Component \*  
Article Text

Drag and drop a file here to begin upload

Upload File

Continue Cancel

Upload Submission File

1. Upload File 2. Review Details 3. Confirm

### File Added

Add Another File

Complete Cancel

Submit an Article

1. Start 2. Upload Submission 3. Enter Metadata 4. Confirmation

5. Next Steps

Submission Files		Q Search	Upload File
10620-1	rriveracarvajal, Índice temático.docx	August 18, 2020	Article Text

Save and continue Cancel

Submit an Article

1. Start 2. Upload Submission 3. Enter Metadata 4. Confirmation

5. Next Steps

Prefix

Title \*  
COVID-19: What we've learned so far

Examples: A, The

Subtitle

Español (España)

Portugués (Brasil)

Abstract

Upload

List of Contributors					Add Contributor
Name	E-mail	Role	Primary Contact	In Browse Lists	
Raquel Rivera Carvajal	raquelrivera_c@hotmail.com	Author	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	

## Tutorial: How to make a submission?



### Steps

Register the keywords in the three languages and as they appear exactly in DeCS or MESH, remember each word must be separate, for which after the entry must click outside the box

Adding bibliographic citations or references

Finally click on save and continue

7. Finally, click on finish sending

8. The shipment has been made. As soon as the editor starts the task of giving you flow, you will be notified.

You can review your submissions, create a new submission, or return to the desktop

### Pictures

#### Additional Refinements

##### Keywords \*

##### References \*

##### OpenAIRE ProjectID

If this research resulted from an EU initiative that complies with the [OpenAIRE](#) metadata platform, please include the ProjectID, a six-digit number which corresponds with the Grant Agreement Identifier.

Save and continue

Cancel

#### Submit an Article

1. Start 2. Upload Submission 3. Enter Metadata 4. Confirmation

5. Next Steps

Your submission has been uploaded and is ready to be sent. You may go back to review and adjust any of the information you have entered before continuing. When you are ready, click "Finish Submission".

Finish Submission

Cancel

5. Next Steps

### Submission complete

Thank you for your interest in publishing with Revista Cuidarte.

#### What Happens Next?

The journal has been notified of your submission, and you've been emailed a confirmation for your records. Once the editor has reviewed the submission, they will contact you.

For now, you can:

- [Review this submission](#)
- [Create a new submission](#)
- [Return to your dashboard](#)