# **Revista Cuidarte**

### **GUIDE FOR AUTHORS**

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Cuidarte Journal publishes unpublished articles in Spanish, Portuguese, and English on topics of interest for Nursing and Health Sciences that promote the generation of new knowledge, may be useful for addressing health issues, and have not been previously sent to other publications (electronic or printed). Content of the articles must meet the criteria of originality, novelty, and methodology. Each article of the Journal will be published exclusively in digital version in the Cuidarte Journal website as well as in the repositories and databases where the Journal is indexed.

Opinions expressed by authors are their sole responsibility and do not represent the policies of our Journal.

# **■** Guidelines for Manuscript Publication

Every article must be accompanied by the following documents:

- 1. A Statement of Originality of the manuscript must be signed by each one of the authors, specifying that it is an unpublished work that will not be submitted to any other journal before knowing the decision of the Journal. Additionally, please include a signed statement where author rights and reproduction rights are assigned to the Journal, in the event that your submission gets approved. Same for the contribution of each individual to the research and manuscript. Please download the declaration of originality and authorship from: Download PDF.
- 2. State whether this work is derived from any research. If so, indicate the name of the study as well as information about any scholarship or grant received from institutions or organizations that have funded the work on which the results presented in the article are based.

### **■** Preparation and Presentation of Articles

Full text of works must be in Spanish, Portuguese, and English with a maximum of 25 pages in US letter-sized Microsoft Word format, 1.5 line spacing without additional spaces between paragraphs and titles. Font type: Times New Roman; size: 12; with 2.5 cm page margins on all four sides.

#### **■** Article Structure

### First Page

1. Title. It must be short with a maximum of 12 words, use capital letters only at the beginning of the sentence and be in 3 languages: Spanish, Portuguese, and English. It must not have any abbreviations, parentheses, or formulas (key words must be used to locate it easily when using electronic search engines).

- 2. Authors' Names. These must be after the title, ordered by the degree of participation in the preparation of the article. Full names must be provided as well as their institutional affiliation, city, country, individual email address followed by the ORCID code <a href="https://orcid.org/">https://orcid.org/</a> of each author involved. In addition, indicate the corresponding author. It must be in the same order as they appear in the statement of originality and authorship.
- **3. Information about Funding.** It is the funding entity(ies) and name of the associated project on which the article is based, (if applicable).

## Second page:

- **4. Abstract:** Works must include a structured abstract (Introduction, Materials and Methods, Results, Discussion, and Conclusions) in 3 languages: Spanish, Portuguese, and English, no more than 250 words each. It is not allowed the use of references nor recommended the inclusion of initials or acronyms in abstracts. If data have been deposited in a public repository, authors should include the database name as well as the repository name and issue number at the end of the abstract.
- **5. Keywords:** Select 3-5 keywords which are the key concepts and articulators of the article development. It must be submitted in 3 languages Spanish, Portuguese, and English which should be directly related to the topic presented in the article. These must be registered with the BIREME's Health Sciences Descriptors (DeCS).

# Third page and onwards

**6.** Work text or body. Development and structure of the article depends on the type of article and section it is intended for.

Works submitted for their publication, specially Research and Innovation articles, must follow the IMRaD format: Introduction, Materials and Methods, Results, Discussion, and Conclusions.

**Introduction:** Its main objective is to contextualize the reader on the article content. It must contain the objectives or hypothesis tested by the study or the observation. Cite only relevant references and do not include any data or conclusions from the work being presented.

**Materials and Methods:** It must describe the design of the study, the characteristics of the population in which it was conducted, the groups that were made up and the criteria used for its configuration, as well as all techniques and elements used during work preparation and participant selection and description. Methods and/or strategies used to get the results and its interpretation must be described. Please specify statistical software and the versions used.

**Results:** Results must be presented in a logical and chronological manner, which were obtained from applying the methods described in the previous item. A maximum of 6 tables, figures and/ or graphs can be included. Do not repeat all the data from the tables or figures in the text. Please highlight or outline only the most relevant observations.

**Discussion:** Please describe briefly the key results and explore their possible mechanisms or reasons. An interpretation of the described results must be carried out and the new and most important aspects described in the article must be emphasized, besides comparing these results against other studies. When applicable, it is necessary to discuss the influence or association of variables such as sex and/or gender on the results as well as data limitation. Do not repeat any detailed data or any other piece of information already provided in other parts of the manuscript, such as in the Introduction or Results sections.

**Conclusions:** In this section, opinions and concepts are expressed based on the results obtained after their discussion. Avoid claiming priority or suggesting that the work is incomplete. State new hypothesis when justified but making clear that these are just hypothesis.

- 7. Tables and Figures. A maximum of six (6) tables and/or figures should be included. Provide numbering, a brief and precise title, cite the source or clarify if it is an own preparation. Verify that each table is cited in text. Explanations should be placed in table footnotes, not in the title. Explain all abbreviations in footnotes and use symbols to explain the information, if required. Digital images of illustrations should be presented in a format that is clearly seen and allows its later layout. Figures should be as self-explanatory as possible. Titles and detailed explanations will be included in captions, not in the illustrations themselves.
- 8. Ethical Issues. This Journal follows the recommendations by the Committee on Publishing Ethics (COPE) about best practices in publication ethics. When the publication involves the contact with human subjects, specifically during experiments, procedures performed must be indicated in accordance with the standards of the Ethics Committee that approved the study, the Declaration of Helsinki, the Good Clinical Practices Guidance by the International Conference on Harmonization and the International Ethical Guidelines for the Biomedical Research Involving Human Subjects issued by the Council for International Organizations of Medical Sciences in cooperation with the World Health Organization. In addition, the author(s) is recommended to check: The Scientific, Technical, and Administrative Standards for Health-Related Research under Resolution 008430 of the 4th of October 1993, issued by the Ministry of Health Care of the Republic of Colombia. In any case, the type of informed consent obtained and the Ethics Committee name that approved the study must be informed at the end of the Material and Methods section.
- **9. Conflict-of-Interest Statement.** Authors must expressly inform at the end of the manuscript if there were any conflicts of interest during the development of the study and state their funding sources, if applicable.
- 10. References. These indicate the original sources of concepts, methods, and techniques referred in the text coming from previous researches, studies, and experiences. These are cited using superscript sequential numbers in order of appearance in the text. Abstracts will not be used as references. References are included and numbered at the end of the article, following the Vancouver Style. All articles published in electronic format must have their respective DOI.

#### **■** Journal Articles

**Standard Article Torres CC, Páez AN, Rincón L, Rosas D, Mendoza EP.** Questionnaire Reproducibility: Quality of Nursing Care in Hospital Inpatients. *Cuidarte Journal* 2016; 7(2): 1338-44. <a href="http://dx.doi.org/10.15649/cuidarte.v7i2.339">http://dx.doi.org/10.15649/cuidarte.v7i2.339</a>

More than six authors Cañón W, Agudelo N, Manosalva J, Rincón F, Rivera LN, Parra M, et al. Critical Care Nursing in Colombia: the Formation of a New Critical Care Nursing Association. CONNECT: *The World of Critical Care Nursing*. 6(3): 51-3.

**Group-Author (the author is a team)** Diabetes Prevention Program Research Group. Hypertension, Insulin, and Proinsulin in Participants with Impaired Glucose Tolerance. *Hypertension*. 2002; 40(5): 679-86.

**Author is not mentioned** 21st Century Heart Solution May Have a Sting in the Tail. BMJ 2002; 325(7357): 184.

**Volume Issue Supplement Geraud G, Spierings EL, Keywood C.** Tolerability and Safety of Frovatriptan with Short-and-Long-Term Use for Treatment of Migraine and in Comparison with Sumatriptan. *Headache*. 2002; 42 Suppl 2: S93-9.

**Part of a Volume Abend SM, Kulish N.** The Psychoanalytic Method from an Epistemological Viewpoint. *Int J Psychoanal*. 2002; 83(Pt 2): 491-5.

Part of an Issue Number Ahrar K, Madoff DC, Gupta S, Wallace MJ, Price RE, Wright KC. Development of a Large Animal Model for Lung Tumors. *J Vasc Interv Radiol*. 2002; 13(9 Pt 1): 923-8.

**Issue Number without Volume Banit DM, Kaufer H, Hartford JM.** Intraoperative Frozen Section Analysis in Revision of Total Joint Arthroplasty. *Clin Orthop*. 2002;(401): 230-8.

**No Volume nor Issue Number.** Outreach: Bringing HIV-Positive Individuals into Care. HRSA Care Action 2002 Jun: 1-6.

**Pages in Roman Numerals Chadwick R, Schuklenk U.** The Politics of Ethical Consensus Finding. *Bioethics*. 2002; 16 (2): iii-v.

Indicating Article Type when Necessary Tor M, Turker H. International Approaches to the Prescription of Long-Term Oxygen Therapy [letter]. Eur Respir J 2002; 20 (1): 242. (Translator's note: In Spanish [carta]) Lofwall MR, Strain EC, Brooner RK, Kindbom KA, Bigelow GE. Characteristics of Older Methadone Maintenance (MM) Patients [abstract]. Drug Alcohol Depend 2002; 66 Suppl 1: S105. (Translator's note: In Spanish [resumen]).

# **■** Books and Other Monographs

**Individual Authors Ringsven MK, Bond D.** Gerontology and Leadership Skills for Nurses. 2nd ed. Albany (NY): *Delmar Publishers*; 1996.

Editor (s). Norman IJ, Redfern SJ editors. Mental Health Care for Elderly People. New York: *Churchill Livingstone*; 1996.

**Book Chapter.** Williams GF, Fulbrook PR, Alexandrow AW, Cañón-Montañez W, Halisu-Kabara H, Chan D. Intensive and Critical Care Nursing Perspectives. In: Gullo A, Besso J, Lumb PD, Williams GF, editors. Intensive and Critical Care Medicine. WFSICCM World Federation of Societies of Intensive and Critical Care Medicine. Milan: Springer Verlag; 2009. p. 119-32.

**Organization(s) as Author.** Royal Adelaide Hospital; University of Adelaide, Department of Clinical Nursing. Compendium of Nursing Research and Practice Development, 1999-2000. Adelaide (Australia): Adelaide University; 2001.

# **■** Conference Papers or Academic Events

**Kimura J, Shibasaki H, editors.** Recent Advances in Clinical Neurophysiology. Proceedings of the 10th International Congress of EMG and Clinical Neurophysiology; 1995 Oct 15-19; Kyoto, Japan. Amsterdam: *Elsevier*; 1996.

#### **■** Electronic Resources

**Morse SS.** Factors in the Emergence of Infectious Diseases. Emerg Infect Dis [serial on line] 1995 Jan-Mar [cited 1996 Jun 5]; 1 (1): [24 screens]. Available in: URL: <a href="http://stacks.cdc.gov/view/cdc/15254">http://stacks.cdc.gov/view/cdc/15254</a>

Training and Development of Human Resources Chapter 7: Learning Principles. Available in: <a href="http://www.mailxmail.com/curso-capacitacion-desarrollo-recursos-humanos/principios-aprendizaje">http://www.mailxmail.com/curso-capacitacion-desarrollo-recursos-humanos/principios-aprendizaje</a> Queried on: January 30, 2010.

#### How to cite a study published under the continuous publication model

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**If No Volume is Available.** Author's last name and initials Study title Short name for journal Year; day and month of the date of publication and DOI.

# **■** Journal Sections and Article Types

Guidelines and recommendations for the preparation, submission, edition and publication of the International Committee of Medical Journal Editors (ICMJE) were considered. or Query.

**Research and Innovation Articles.** As a result of research process, the document presents an original and unpublished production. Under no circumstances, contributions such as publications not derived

from research, abstracts, communications or conferences, book reviews, news, or translations of articles already published in other media will be accepted as "research and innovation articles."

- For more observational studies, please review the STROBE checklist or Query.
- Check the following for qualitative research: COREQ or Query.

Recommendations for Clinical Trials Publication. Cuidarte Journal supports the policies of the World Health Organization (WHO) and the International Committee of Medical Journal Editors (ICMJE) for the clinical trials registration, acknowledging the importance of these initiatives for the registration and international disclosure of information on clinical trials with open access. Therefore, Cuidarte Journal will accept for its publication only those research articles that have previously received an identification number in one of the clinical trials registrations that are validated and recognized by the criteria set forth by the WHO and ICMJE. Number or code of the clinical trial registration should be included at the end of the article abstract on the second page.

 For randomized clinical trials, this Journal recommends following the CONSORT Checklist. Or Consult.

**Systematic Review Articles.** These are systematic reviews of scientific literature, referred to detailed, selective, and critical studies that analyze essential information of the primary research studies on a specific health problem in order to report its advances and development tendencies. It is characterized by a careful analysis based on a structured bibliographic review, applying quality and evaluation criteria to the selected articles. It is different from a meta-analysis article, in which authors present a reasonable synthesis with a statistical analysis of the results found in the studies. Relevant bibliography is extensively reviewed and examined, placing it in certain perspective, and then presents its trends and advances. In both cases, a rigorous and extensive bibliographic review is involved.

• In the case of Systematic Reviews, the PRISMA Statement should be followed.

**Case Reports.** Review and presentation of cases of interest for nursing and health sciences are presented here. It also includes a review and presentation of similar cases.

For case reporting, use CARE guidelines.

**Letter to the Editor.** Critical, analytical, or interpretative positions about documents published in the Journal, that in the opinion of the Editorial Board, constitute an important contribution to the topic discussion by the scientific reference community.

**Journal Editorial.** Document written either by the Editor, a member of the Editorial Board or an invited researcher about topics of current and scientific interest and/or orientation in the thematic domain of the journal.